



Be Active Australia

A Draft National Physical Activity for Health Action Plan

Consultation Process



The National Public Health Partnership (NPHP) provides strategic leadership and coordination on public health issues in Australia. Healthy weight, including a focus on good nutrition and physical activity, is a priority issue for the NPHP. The Strategic Inter-Governmental forum on Physical Activity and Health (SIGPAH) was established to provide national leadership for government action in physical activity and health issues across Australia. The NPHP and SIGPAH are supporting the development of Be Active Australia, a National Physical Activity for Health Action Plan that seeks to support all Australians to be physically active.

Be Active Australia identifies a set of national level actions to be addressed by the health sector alone, and in collaboration with other sectors, to support inactive Australians to be sufficiently active for a health benefit. It aims to guide and inform a more coordinated, collaborative and strategic approach to supporting physical activity infrastructure, action and capacity at the national level.

Consultation aims

- To gain feedback about the proposed content and style of Be Active Australia including the feasibility of, and priorities for, implementation; and
- To inform key stakeholders about the development of Be Active Australia and build commitment to the Plan and its implementation

Request for feedback

The National Public Health Partnership invites comments on the draft of Be Active Australia. A consultation process will occur in each of the jurisdictions through the members of SIGPAH (see below) or you may comment directly.

Feedback is sought from government agencies, peak and professional bodies, researchers and from key community organisations that have an interest in physical activity and the development and implementation of this Plan. We are also keen to hear from people in other sectors who may have ideas about how health can assist your sector in achieving the common aims of encouraging Australians to be active.

To assist with feedback a number of specific questions have been identified (attached) however you are invited to comment on any issues you wish to raise.

Feedback methods

If you would like to contribute feedback in writing, you can send this via by mail, fax or email to:

Darryl Kosch
Project Manager
National Public Health Partnership Secretariat
3/456 Lonsdale St, Melbourne 3000
Tel: 03 9603 8322
Fax: 03 9603 8310
Email Darryl.Kosch@dhs.vic.gov.au

The *Be Active Australia* draft document can be downloaded from the NPHP Website at www.nphp.gov.au or are available by contacting Darryl Kosch. This document has been sent out widely for consultation; please pass on to any interested organisations who may not have a copy.

Submission Process

All submissions must be received via post, fax or email by 5.00pm on Friday 21st May 2004.

Jurisdictional Consultations

Alternatively, our preferred method for feedback is by your attendance at a state based consultation session being organised by SIGPAH members:

Please contact the SIGPAH member in your jurisdiction for more information.

State/Territory	Contact person
Queensland	Damian O'Sullivan Phone: (07) 3234 1312 Email: damian_o'sullivan@health.qld.gov.au
New South Wales	Robyn Newson Phone (02) 9391 9094 Email: RNEWS@doh.health.nsw.gov.au
Victoria	Rowland Watson/Rosie McKee Phone: (03) 9637-4029 Email: rowland.watson@dhs.vic.gov.au Email: rosie.mckee@dhs.vic.gov.au
Australian Capital Territory	Chris Stanilewicz Phone: (02) 6207 2499 Email: chris.stanilewicz@act.gov.au
Tasmania	Stan Bordeaux Phone: (03) 6222 7653 Email: stan.bordeaux@dchs.tas.gov.au
South Australia	Mark Williams Phone: (08) 8226 6421 Email: Mark.Williams@dhs.sa.gov.au
Western Australia	Christina Pollard Phone: (08) 9222 4222 Email: christina.pollard@health.wa.gov.au
Northern Territory	Annie Villeseche Phone (08) 8999 2623 Email: annie.villeseche@nt.gov.au

Consultation with Aboriginal and Torres Strait Islander Peoples

People wishing to comment on issues for Indigenous Australians are welcome to use any of the above methods of consultation. In addition, consultants have been commissioned to undertake specific consultation with peak organisations representing Indigenous Australians. If you wish to take part in this process please contact Darryl Kosch (as above) as soon as possible so this can be arranged. The consultants will also be contacting key organisations directly.

Notes on providing feedback

Please use the form supplied with this document or available for download at www.nphp.gov.au. All feedback is welcome but it will be particularly helpful to us if you use this form for your comments and address the questions included.

Please feel free to focus on your area(s) of interest/expertise. You may comment on the whole plan or confine your comments to the particular sections of the document relevant to your work or areas of interest.

The document will undergo professional editing and revisions after comments are incorporated and the next draft is completed.

Finalising the Plan

Once finalised the Plan will be forwarded through the National Public Health Partnership and the Australian Health Ministers Advisory Council to the Australian Health Ministers Conference.