

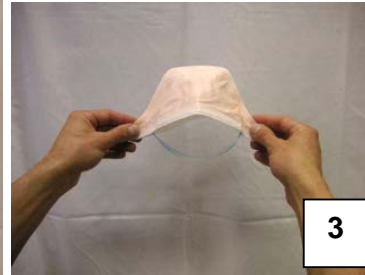
“Achieving the Perfect Fit” Donning and Fit Checking Instructions for P2 (N95) Mask



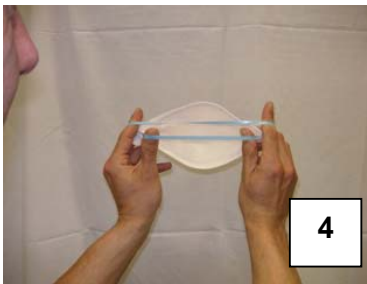
Separate the edges of the mask to fully open it



Slightly bend the nose wire to form a gentle curve



Hold the mask upside down to expose the two headbands



Using your index fingers and thumbs, separate the two headbands



Cup the mask under your chin and pull headbands up and over your head



Place and position the lower headband at the base of your neck (under your ears)



Place the upper headband on the crown of your head. The band should run just above the top of the ears



Gently conform/press the nosepiece across the bridge of your nose by pressing down with fingers until it fits snugly.



Continue to adjust the mask and edges until you feel you have achieved a good facial fit

Now it is time to do a fit check.

1. Gently inhale. When you breathe in the mask should draw in slightly towards the face and collapse
2. Gently exhale. The mask should fill up with air. It is important at this stage that there is NO air leakage around edges of mask.

A fit check should be done each time a P2 (N95) mask is worn.

If you have not achieved a successful fit as instructed above it is important that you seek advice or have someone assist you with fitting and checking your mask, as an incorrectly fitted mask will not provide you with the intended level of protection.